

### **2023 Summer Checklist for Parents from the School Nurse**

- Schedule doctor appointments, well-child checks, immunizations
- Get a written plan of care from your child's doctor for chronic health conditions (asthma, severe allergies, seizures, diabetes). These should be updated every school year.
  - Forms for the School Nurse can be found at the following website:  
[https://howardhs.bcsdk12.net/our\\_school/departments/nurse](https://howardhs.bcsdk12.net/our_school/departments/nurse)
- If your child requires prescription medication at school, talk to your pharmacist about getting an extra prescription bottle at each refill for school. All prescription medications must have the original prescription label on the bottle. For prescription medications to be administered at school, a doctor's order must be on file with the School Nurse. These should be updated every school year.
  - Medication Authorization Form and Bibb County School District Medication Administration Policy can be found at the following website:  
[https://howardhs.bcsdk12.net/our\\_school/departments/nurse](https://howardhs.bcsdk12.net/our_school/departments/nurse)
- Each school year it is required for a parent/guardian to complete the Annual Data Update electronically through the Infinite Campus Parent Portal. This provides us with the most current and accurate contact & health information in case of an emergency for your child. We are unable to accept parental consent for medication administration over the phone or in writing - it MUST be updated electronically through the Infinite Campus Parent Portal which can be accessed at: <https://campus.bibb.k12.ga.us/campus/portal/bibb.jsp>
  - Instructions may be accessed at: [https://cdnsms19.sharpschool.com/UserFiles/Servers/Server\\_1736137/File/Departments/Research,%20Evaluation,%20Assessment%20and%20Accountability/Annual%20Update%20Instructions.pdf](https://cdnsms19.sharpschool.com/UserFiles/Servers/Server_1736137/File/Departments/Research,%20Evaluation,%20Assessment%20and%20Accountability/Annual%20Update%20Instructions.pdf)
- Each child must have a GA Immunization Certificate (Form 3231) or a medical or religious waiver (exemption). Medical exemption forms are provided by your child's doctor and must be reevaluated yearly. Religious exemptions do not expire but must be notarized.
  - Effective July 1, 2021, children 16 years of age and older, who are entering the 11th grade (including new entrants), must have received one booster dose of the meningococcal conjugate vaccine (MCV4),

unless their initial dose was administered on or after their 16th birthday. Meningococcal disease is a serious bacterial illness that affects the brain and the spinal cord. Meningitis can cause shock, coma and death within hours of the first symptoms.

- If your teen has not been vaccinated against meningococcal disease, we strongly recommend getting your 11th grader, aged 16 years or older, vaccinated before starting the 2023 school year. Getting MCV4 (meningococcal conjugate vaccine) now will not only help protect your child against the ongoing threat of meningitis, it will also meet the new school entry requirement.
- If your child does not have health insurance or their health plan won't cover these vaccines, call your local health department and ask about getting no cost or low cost vaccines. For more information, visit <http://dph.georgia.gov/vaccines-children> or call (800) 848-3868.
- Any student competing in school sports must have a physical on file with the Athletic Director annually and uploaded via the DragonFly app. Required documents may be found at the following websites:
  - [https://www.ghsa.net/sites/default/files/documents/forms/2023\\_GHSA\\_PP\\_E\\_Fillable\\_-\\_Revised\\_3-9-23.pdf](https://www.ghsa.net/sites/default/files/documents/forms/2023_GHSA_PP_E_Fillable_-_Revised_3-9-23.pdf)
  - [https://www.ghsa.net/sites/default/files/documents/forms/2023\\_GHSA\\_PP\\_E\\_Fillable\\_Spanish\\_-\\_Revised\\_3-9-23.pdf](https://www.ghsa.net/sites/default/files/documents/forms/2023_GHSA_PP_E_Fillable_Spanish_-_Revised_3-9-23.pdf) (Spanish Version)